

# US Amateur Radio Bands



**ARRL** The national association for **AMATEUR RADIO**

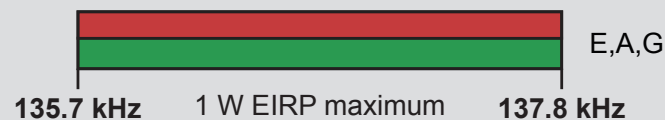
## US AMATEUR POWER LIMITS

FCC 97.313 An amateur station must use the minimum transmitter power necessary to carry out the desired communications.

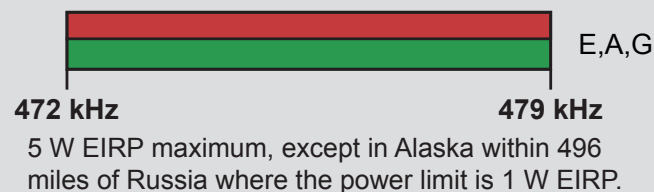
(b) No station may transmit with a transmitter power exceeding 1.5 kW PEP.

Amateurs wishing to operate on either 2,200 or 630 meters must first register with the Utilities Technology Council online at <https://utc.org/plc-database-amateur-notification-process/>. You need only register once for each band.

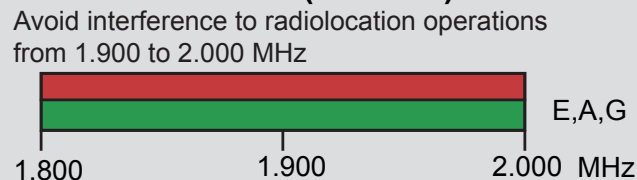
### 2,200 Meters (135 kHz)



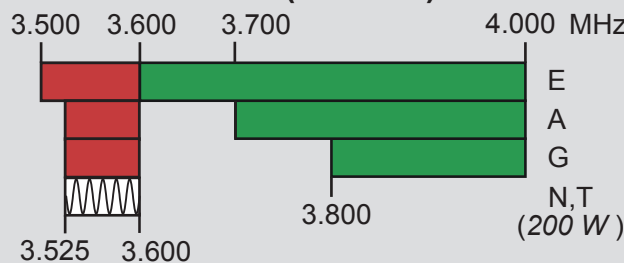
### 630 Meters (472 kHz)



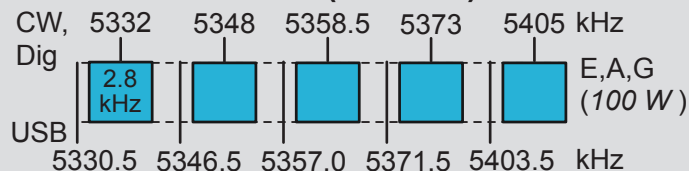
### 160 Meters (1.8 MHz)



### 80 Meters (3.5 MHz)

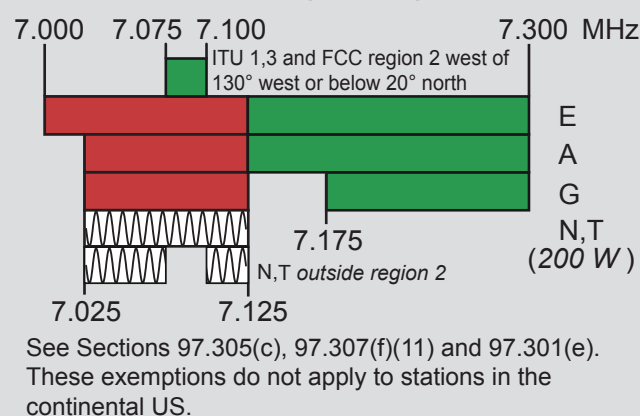


### 60 Meters (5.3 MHz)

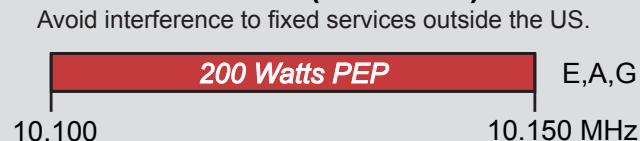


General, Advanced, and Amateur Extra licensees may operate on these five channels on a secondary basis with a maximum effective radiated power (ERP) of 100 W PEP relative to a half-wave dipole. Permitted operating modes include upper sideband voice (USB), CW, RTTY, PSK31 and other digital modes such as PACTOR III. Only one signal at a time is permitted on any channel.

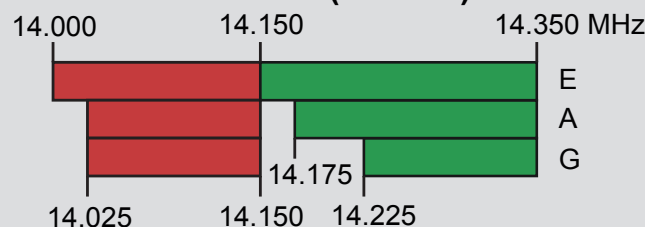
### 40 Meters (7 MHz)



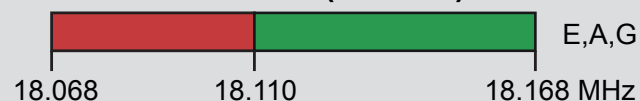
### 30 Meters (10.1 MHz)



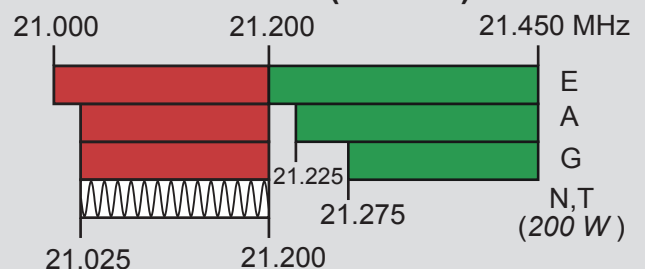
### 20 Meters (14 MHz)



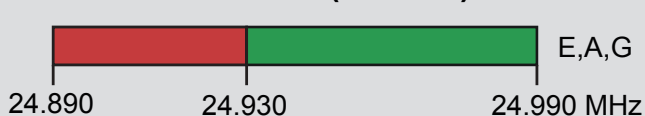
### 17 Meters (18 MHz)



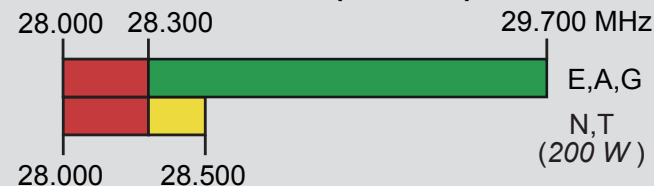
### 15 Meters (21 MHz)



### 12 Meters (24 MHz)



### 10 Meters (28 MHz)



### 6 Meters (50 MHz)



### 2 Meters (144 MHz)



### 1.25 Meters (222 MHz)



\*Geographical and power restrictions may apply to all bands above 420 MHz. See *The ARRL Operating Manual* for information about your area.

### 70 cm (420 MHz)\*



### 33 cm (902 MHz)\*



### 23 cm (1240 MHz)\*



All licensees except Novices are authorized all modes on the following frequencies:

2300-2310 MHz	10.0-10.5 GHz ‡	122.25-123.0 GHz
2390-2450 MHz	24.0-24.25 GHz	134-141 GHz
3300-3500 MHz	47.0-47.2 GHz	241-250 GHz
5650-5925 MHz	76.0-81.0 GHz	All above 275 GHz

‡ No pulse emissions

## KEY

### Note:

CW operation is permitted throughout all amateur bands.

MCW is authorized above 50.1 MHz, except for 144.0-144.1 and 219-220 MHz.

Test transmissions are authorized above 51 MHz, except for 219-220 MHz

- = RTTY and data
- = phone and image
- = CW only
- = SSB phone
- = USB phone, CW, RTTY, and data
- = Fixed digital message forwarding systems only

- E = Amateur Extra
- A = Advanced
- G = General
- T = Technician
- N = Novice

See *ARRLWeb* at [www.arrl.org](http://www.arrl.org) for detailed band plans.

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Exams: 860-594-0300 email: [vec@arrl.org](mailto:vec@arrl.org)